



As a Life Coach, I will lead you through the coaching process. Nature will serve as a source of inspiration and support while you

- pause & reflect,
- move forward & grow and
- step into your full potential.

Andrea Bruhn is a certified Master Coach (DVNLP), Systemic NLP Coach, Change Manager and Facilitator.

OUTDOOR COACHING

Are you thinking of making changes in your private or professional life?

Do you want to take on life with great vigour but feel somehow restrained?

Is a new chapter of your life opening up and you are not quite sure how to shape it?

Find new pathways, answers and solutions through outdoor coaching!

With OUTDOOR COACHING
you connect
the positive effects
of being in nature
with personal and
professional development.

Are you curious?
Please get in touch for
a free initial conversation!

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